



## Annual & Special General Meeting

16 April 2020



**Knowledge • Advocacy • Empowerment**

# Agenda

1. Welcome
2. To report on the activities for the year ended 31 March 2020
3. To approve the financial statements for the year ended 31 March 2020
4. To approve the dissolution of the Unincorporated Association and to transfer its activities and net assets to the Charitable Incorporated Organisation (charity number 1188759).
5. To consider plans for the next year
6. Any other business

# Our Mission

Supporting parents, carers and professionals working with children and young people with ADHD through:

- **knowledge** (providing information, knowledge and practical support to parents, carers and professionals)
- **advocacy** (raising awareness of ADHD amongst general public, local schools, local healthcare groups, local community and at government level)
- **empowerment** (empowering those with ADHD and their families through provision of knowledge and practical support)



***We provide vital support which is not available elsewhere***

# Objectives set at last year's AGM

1. Deliver core offering

2. Build sustainable long term infrastructure

Understand members profile

Build team of volunteers

Register as charity

Grant funding and fundraising

## Core services delivered in last twelve months

**19** information seminars  
(17 previous year)

Monthly Tues am & Thurs pm

**9** coffee mornings  
(2 previous year)

Monthly Tues am after seminar

**10** post diagnosis workshops  
(10 previous year)

Attended by 67 families (57 previous year)

Parent participants 18 male & 49 female

**148** one-to-one sessions  
(128 previous year)

One-to-one sessions for families were made up of 113\* to families in Richmond and 35 to those in Kingston

\* Richmond families one-to-one sessions funded by directly by private donor

## Other activities in last twelve months



Girls with ADHD video

Produced, released and widely viewed

Information provision

- Website, ADHD Handbook (updated, reprinted & distributed to GP surgeries, clinics, libraries)
- Social media - Twitter, LinkedIn, Facebook and fortnightly newsletter

Late diagnosis teens support group

Informal evening get togethers

Facebook Closed Forum

Active forum for parents and professionals

Advocacy

Locally + nationally (NHS, AfC, Parent Panel, local SEND strategy groups)

Members survey and members data

Carried out in June-July 2019



# ADHD Richmond & Kingston community today



**Social media** following



**3,500** Facebook



**2,000** Twitter



**751** newsletter circulation



**629** parents and carers



**122** professionals  
(teachers, healthcare prof, academics)

*We are a large community with a voice*

# Members' survey

Three groups approached:

- Parents
- Professionals (healthcare, social care, teachers, academics)
- Local bodies (NHS, AfC, Council, etc)



## Survey results: Views on offering



### Local bodies and professionals feedback

*"Local experts for ADHD"*

*"Cover a real gap in service provision in relation to accessing pre and post diagnostic support"*

*"Place to go for support and information when needed without having to wait for ages or fight for it"*

*"Fantastic resource with lots on offer"*

*"You provide specialist, dedicated advice on a wide range of issues, connect parents with one another so they don't feel alone on their journey"*

*"Parenting support group and YP club"*

### Parents feedback

*"Best source of impartial quality information in the whole of the UK for ADHD"*

*"Network with other parents of children with ADHD in the local community, coaching for both parent and child to help deal with issues relating to ADHD, access to expert talks on ADHD in local area."*

*"Provides information on ADHD that isn't available elsewhere. The talks are extremely informative and provide a valuable support network"*

*"Absolutely invaluable for my son and myself post diagnosis. I felt supported and listened to when I made contact. The 123 Magic course transformed my relationship with my son."*

**Positive confirmation that we are meeting vital needs**



# Core team's roles and responsibilities

## Management Committee / Trustees

### **Chair**

Annette Wilson

### **Treasurer**

Iain Reid

### **Secretary**

Clare Mullane

### **Education Liaison**

Jonathan Rourke

## Additional core resources

### **Admin**

Cindy Chua

### **Deputy Treasurers**

Kevin Jones  
Marc Masegur

### **Grants**

Fred Walker

### **Marketing**

Clair Sullivan

### **Communications**

Daniel Foley  
Melanie DeLaRoche

### **Ad hoc**

John Mooney

### **Coach**

Val Ivens

Plus ad hoc volunteers

# Fundraising and structure

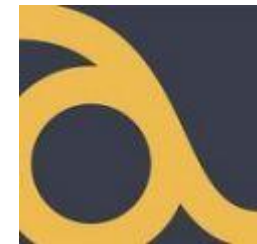
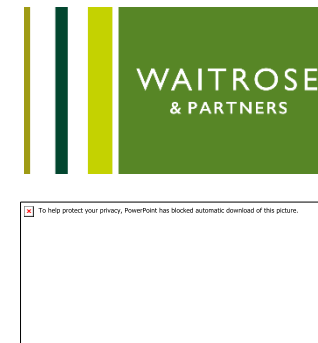
Register as charity

1. Registered as charity and incorporated as CIO
2. Grant funding received for infrastructure



3. Fundraising and donations

Grant funding and fundraising



**Building organization to be sustainable in future**

# Financial Statements year ended 31 March 2020



<b>Income statement</b>	2019/20	2018/19
Seminars, donations, interest and other income	3,142	2,418
Grants from Richmond Parish Land	9,821	-
Grants for post diagnosis and one to one sessions	-	11,000
Total income	12,963	13,418
Less: Expenses		
Post diagnosis workshops and one-to-one coaching	-	8,000
Training and awareness materials and videos	-	3,000
Running expenses (printing, comms, etc)	1,565	1,045
Net profit for the year	11,398	1,373
<b>Balance sheet</b>		
Net assets	12,771	1,373

# AGM and SGM formal business



1. To approve the financial statements for the year ended 31 March 2020
2. To approve the dissolution of the Unincorporated Association and to transfer its activities and net assets to the Charitable Incorporated Organisation (charity number 1188759).

# Plans for year ahead

Continue to  
deliver core  
offering

Hire part-time  
Operations Manager

Expand team of  
volunteers

Invest in IT  
infrastructure and  
develop databases

Hire part-time  
Fundraising Manager

Find office space

Website re-build

# Turning challenges into celebration of neurodiversity



Q & A



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<https://adhdrichmond.org>



[@AdhdRichmond](https://twitter.com/AdhdRichmond)



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[AdhdRichmondandKingston](https://www.linkedin.com/company/AdhdRichmondandKingston)